

GUJARAT RESEARCH SOCIETY'S  
HANSRAJ JIVANDAS COLLEGE OF EDUCATION  
RE-ACCREDITED WITH "A+" GRADE BY NAAC, AUTONOMOUS

In Collaboration with  
School of Law, Rights and Constitutional Governance (SLRCG),  
Tata Institute of Social Sciences (TISS), Mumbai



Under the Aegis of  
Rashtriya Uchchatar Shiksha Abhiyan (RUSA)  
Ministry of Education Government of India (GoI)

**ORGANISES**

**Workshop on Safeguarding Menstrual Health – Hygiene in Educational Institutions  
In Compliance with Supreme Court of India,  
Dr. Jaya Thakur Vs Union of India (2026)**

**Dignity in Classrooms: Rights, Resilience, and Response  
on 12.9.2026**

**PATRON**

Mr. Rajeev Hazarat  
President,  
Gujarat Research  
Society

**CONVENERS**

Dr. Anita Swami  
Executive Director  
Gujarat Research  
Society

&

Prof. (Dr.) Geeta Shetty  
Principal, Hansraj  
Jivandas College of  
Education  
(HJCE), Mumbai

&

Prof. (Dr.) G.K Saini,  
Dean SLRCG,  
Tata Institute of Social  
Sciences (TISS), Mumbai

**CO -CONVENERS**

Dr. Sonali Kusum,  
Assistant Professor  
SLRCG, TISS, Mumbai  
&  
Dr. Karuna Sinha  
Professor, HJCE, Mumbai

**About Hansraj Jivandas College of Education**

Hansraj Jivandas College of Education was established in 1969 by eminent scholar Dr. Madhuri Shah, Nationally and Internationally acclaimed Educationist. Affiliated to the University of Mumbai, HJCE is covered under UGC's 2f and 12B provisions for grant. Under the dynamic leadership of Smt. Kallolini Hazarat, Ex-President of GRS, the college bloomed into a premier teacher training institute of the country. Today the college offers training to future teachers and administrators with emphasis on creative teaching, research, and harmonious blending of modern technology with Indian values and culture. Progressive in its outlook, HJCE strives to encompass the new trends in the field of education as well as demands of modern society to create teachers of global standards. The college has been re-accredited by NAAC with 'A+' Grade and was granted Autonomous status by UGC in 2019. The college has established the 'Entrepreneurship, Employability and Career Hub' under RUSA which is offering number of courses to develop 21<sup>st</sup> century skills among students.

**About the School of Law, Rights and Constitutional Governance (SLRCG) - Tata Institute of Social Sciences (TISS), Mumbai:**

In pursuance of the TISS mission of creating a people-centred and just society that promotes equality, justice and human rights for all, the School of Law, Rights and Constitutional Governance (SLRCG) was set up at the TISS Mumbai Campus in June 2012. Law, legislative reform and Human Rights have a great role in development and empowerment of societies, communities and individuals. They are effective instruments for empowering and changing the status of the disadvantaged, marginalised, discriminated and vulnerable, in India, and a strong tool for social justice. Legal education must therefore be socially relevant. The main objective of the school is to advance socially relevant legal education and promote the education of Human Rights.

## About the Workshop

Menstrual health and hygiene has been a lesser addressed concept bearing upon the health rights of women. The Supreme Court of India in the landmark judgement of the Dr. Jaya Thakur Vs Union of India, 2026 (2026 INSC 97) gave an inclusive and progressive interpretation to the menstrual health – hygiene of women as a facet of right to life and personal liberty under the ambit of article 21 of Constitution of India. The menstrual health hygiene has bearing on the reproductive health of women, her growth and development of women's lives.

The practice of safe menstrual hygiene is crucial to be given effect in the educational institutions as young girls attaining puberty feel vulnerable dealing with the same. The young girls require an amenable and conducive infrastructure, an understanding behavior, support from the human resources including the teachers, staff and non-teaching staff. In this context, the Supreme Court issued directions to ensure the menstrual hygiene in educational institutions for improving the conditions in school campuses, wash room facilities ensuring availability of sanitary napkins and disposal facilities. It is also a felt necessity that the girl children, school teachers, staff are educated about the same. Any derogatory practices related to menstrual practice ought to be discouraged. As the Constitution of India under its fundamental duties encourages its citizenry to develop a scientific temperament hence, it is incumbent to disseminate relevant information on the same. This will pave the way for inculcating appropriate behavioral changes and infrastructural changes in educational institutions for promoting the right to menstrual health of young girls.

## Objectives:

- i. To conceptualize the right to menstrual health - hygiene as a facet of right to life as fundamental right of girl children according to the Constitution of India.
- ii. To raise awareness and generate dissemination of knowledge on the Supreme Court of India directions in Dr. Jaya Thakur Vs Union of India (2026 INSC 97) for society at large with focus on young girl students of educational institutions.
- iii. To destigmatize and orient the behavior of faculties, teachers staff, non-teaching staff, and students on handling menstrual health – hygiene in educational institutions.
- iv. To deliberate and explore suitable changes in the education curriculum, behaviour and infrastructure in educational institutions on strengthening conducive amenities for ensuring menstrual health – hygiene in educational institutions.
- v. To hold deliberations among the relevant stakeholders from multi disciplinary perspectives as faculties, staff and non teaching authorities on developing working guidelines on the same.

## Methodology:

- i. Panel discussion involving multidisciplinary Experts.
- ii. Dialogical and Deliberative Engagement.
- iii. Interactive Group Discussion involving Participants.

## PROGRAM SCHEDULE:

|                     |                                                                                                                                                                                                                                                                                                        |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 11.00- 11.15 am     | Inauguration                                                                                                                                                                                                                                                                                           |
| 11.15 am- 11.30 am  | Welcome Address & Felicitation of Guests                                                                                                                                                                                                                                                               |
| 11.30- 11.35 am     | Introduction to Session Objectives – Mandate                                                                                                                                                                                                                                                           |
| 11.35 - 11.45 am    | Introduction of the Speaker                                                                                                                                                                                                                                                                            |
| 11.45 am – 12.15 pm | Context Setting                                                                                                                                                                                                                                                                                        |
| 12.15 pm- 12.30pm   | Special Address                                                                                                                                                                                                                                                                                        |
| 12.30 pm – 12.45 pm | Plenary Address                                                                                                                                                                                                                                                                                        |
| 12.45 pm – 1.00 pm  | Inaugural - Vote of Thanks                                                                                                                                                                                                                                                                             |
| 1.00pm-2.00pm       | LUNCH                                                                                                                                                                                                                                                                                                  |
| 2.00pm – 3.00pm     | <b>Panel Discussion</b> – Topic- Bridging Child Rights- Legal Compliances , Menstrual Health, and Behavioral Support In Education Institutions<br>Panelists – Multi Stakeholders Consultations – Health Professionals, Community Workers, Civil Society Organizations, Academia, Lawyers , Counsellors |
| 3.00pm – 3:30 pm    | Tea Break                                                                                                                                                                                                                                                                                              |
| 3.30 -4.00 pm       | Reflections from Participants & Discussion                                                                                                                                                                                                                                                             |
| 4.00 – 4.15 pm      | Vote of Thanks                                                                                                                                                                                                                                                                                         |
| 4.15 pm             | Group Photo                                                                                                                                                                                                                                                                                            |
| 4:30pm              | National Anthem                                                                                                                                                                                                                                                                                        |

## Important Instructions:

- The Programme shall be conducted in a face-to-face mode.
- Registration Procedure: No Registration fee
- Registration Link: <https://forms.gle/Spko5jFvOfmjnJXn7>
- Target Audience: Teaching Fraternity and students from Universities, Colleges, and Schools.
- VENUE: Hansraj Jivandas College of Education, Madhuri Shah Campus, Ramakrishna Mission Marg, Khar West, Mumbai-52.

